



SAY SAN DIEGO 2022 Annual Report Highlights

REUNITING AND RESTORING TO BUILD RESILIENCE

SAY San Diego partners with youth, adults, families, and communities to reach their full potential. SAY's enduring vision is to achieve opportunity, equity, and well-being for all San Diegans.

SAY reopened for services, bettering the lives of over 30,000 children, families, and community members across San Diego County.

"We moved here during the pandemic with many of the kid-friendly locations shut down, [the region] didn't feel very welcoming, but we always feel welcome here [at SAY's Military Family Resource Center], and my daughter looks forward to coming every week!" - Parent

92% of program participants self-reported incomes below 200% of the federal poverty level.

76% self-identified as Black, Indigenous, and/or People of Color.

SAY expanded mental health and social-emotional learning (SEL) programs for school-aged youth.

"Thank you, [SAY] really helped to normalize some of the mental health issues I experience." - Student

95% of SEL youth participants were able to effectively understand how to show empathy.

89% were able to identify methods to quell anger or anxiety.

86% were able to identify and implement problem-solving strategies.

SAY amplified prevention and advocacy to combat substance abuse.

1000+ youth and community partners became stronger public health advocates around the dangers of smoking, vaping and drug use.

100s of educators, parents, and community members were trained on the dangers of opioids, fentanyl and use of lifesaving naloxone (Narcan®) kits.



SAY youth, promotoras and community partners successfully advocated for the passage of the Stop Adolescent Addiction to Flavored E-Cigarettes (SAAFE) Act.

"Thank you for the Narcan. We used it in the center once, and I know of at least 4 or 5 of our youth that we gave the Narcan to, who used it on the streets to save someone."

- Community Partner



In 2022, SAY San Diego partnerships and services continued to holistically focus on strengthening the whole child, whole family and whole community.



SAY increased direct distribution of resources to ensure greater family resilience.

50K dollars were distributed amongst 140 families, equipping them to overcome financial obstacles.

72% of Dads Corps participants graduated from the program and many reported increased confidence, parenting skills, and spending more quality time with their children.

88% of Economic Empowerment participants showed improved savings management and financial well-being.

"Programs like Dads Corps helped me keep my child and get me to a stable place [to live], and I'm grateful." - Parent

FINANCIAL INFORMATION

REVENUE SOURCES



FUNDING BY IMPACT AREA



Total Revenue: \$18,098,675

WAYS TO SUPPORT SAY San Diego

- Corporate Social Responsibility Partnerships and Volunteering
- Give! Every Dollar Makes a Difference.
- Raise Awareness and Advocate. Join SAY San Diego on Their Mission!

Thank you to all our partners, funders and donors for providing a critical link to dignify and transform lives. Visit www.saysandiego.org to view our full Annual Report.

If you're interested in supporting SAY San Diego's mission, please scan this Donation QR code or contact us at development@saysandiego.org.

