

# Youth Volunteer Opportunities

## San Diego Humane Society

Abundant youth opportunities for all ages to volunteer at events or download packets of enrichment activities to log and earn hours for school.

<https://www.sdhumane.org/support-us/volunteer/youth-service.html>

Contact: Youth Service Opportunities email: [edu@sdhumane.org](mailto:edu@sdhumane.org).

## San Diego Food Bank

Only children ages 11 and older can volunteer, and all children ages 11 to 15 MUST be accompanied by 1 adult for every 4 children volunteering.

They are able to sign off on any hour's sheets you provide them for school, clubs, etc.

<https://sandiegofoodbank.org/volunteer/>

Contact: Paola Mendoza, Volunteer Scheduling Coordinator 858-863-5121 or [pmendoza@sandiegofoodbank.org](mailto:pmendoza@sandiegofoodbank.org)

## Feeding America San Diego

Youth opportunities in the Distribution Center, reclamation, food sorting and labeling, etc. They provide a volunteer service hour's log which can be used as verification of service hours for school, clubs or churches.

Volunteers must be at least age 6 years or older. Children ages 6–16 require supervision by a parent or guardian. Volunteers under the age of 18 must bring in a signed [volunteer waiver](#).

If you are volunteering for school hours you will need to sign up for any designated project. Please email the [Volunteer Department](#) at least three days in advance of your shift if documentation of your hours will be required. They provide a [volunteer service hour log](#) which can be used as verification of service hours for schools, clubs or churches.

<https://feedingsandiego.org/get-involved/volunteer/individuals-families/>

Contact: [volunteersd@feedingsandiego.org](mailto:volunteersd@feedingsandiego.org)

## The Surfrider Foundation San Diego

All of the beach cleanups are open to the general public and do not require any registration or orientation. They typically run on Saturdays from 9am-11am, see [Events Calendar](#) for beach clean-up dates. Just arrive at the blue Surfrider tent to sign our volunteer waiver and grab supplies.

If you are under 18 years of age, please bring a parent/guardian **or** bring a signed [waiver](#) with you.

At the event they are able to sign off on any hour's sheets you provide them for school, clubs, etc.

<https://sandiego.surfrider.org/register-2/>

Contact: Roberta Reilly, Beach Cleanup Coordinator. Phone: 978-382-1806 email: [roberta@surfridersd.org](mailto:roberta@surfridersd.org)

## I Love a Clean San Diego

Community Cleanups: They require a waiver signed by a parent or guardian if you are under 18. Waivers are provided at the cleanups but if you are attending without a parent, you will need to bring one pre-signed by your parent/guardian to the cleanup. The waiver for each of their cleanups can be found on each cleanup's event page calendar. You can print, have parents/guardian sign, and bring with you to participate. Under 18 do not need parent supervision, but they ask anyone younger than ~12 have a parent or guardian to supervise them.

They can sign off hours; they have half-sheets they can provide you, and/or they can sign forms you bring. They can also sign-off for court-ordered hour verification in an official Letter of Appreciation.

<https://www.ilacsd.org/volunteer/>

## Father Joe's Village

The minimum age to volunteer is 10 years old. An adult must accompany any minor under the age of 15. While volunteering is a great way to teach children about service, it is important to assess a child's maturity level and their ability to listen and follow directions before signing up. Weekend availability is limited and scheduling early is recommended since many groups schedule the weekends a year in advance. They welcome middle and high school students to complete any school-required service hours.

<https://my.neighbor.org/take-action/volunteer/>

Contact: [volunteer@neighbor.org](mailto:volunteer@neighbor.org) or call (619) 645-6411

## San Diego Children's Discovery Museum

Volunteers must be 15 years of age or older. By contributing your time and expertise you can learn something new, help others, and most of all have fun! We are able to create a special place where children, families, and communities can gather to discover our world through science, art, and world cultures through the direct the efforts of our volunteers.

<https://www.sdcdm.org/volunteer>

Contact: (760) 233-7755 ext 1002, [volunteer@sdcdm.org](mailto:volunteer@sdcdm.org)

## The City of San Diego- Citywide Opportunities

Volunteers under 13 years old must be accompanied by a parent or guardian. Volunteers under 18 years old must have their parents sign a waiver before they begin volunteering. There are a wide array of short-term and long-term volunteer opportunities. Some opportunities have other specific age, background, and training requirements.

They are able to sign off on any hour's sheets you provide them for school, clubs, etc.

<https://www.sandiego.gov/volunteer-program>

Contact: [volunteersd@sandiego.gov](mailto:volunteersd@sandiego.gov)